

ODP RESIDENTIAL 2023 SUMMER CAMP



May 30–June 2
Flagstaff, AZ-NAU

Residential Option
U11–U17 (Birth Years 2012–2006)

- ▶ Led by Arizona ODP Coaching Staff
- ▶ Specialized Goalkeeper Training

Commuter Option
U8–U17 (Birth Years 2015–2006)

- ▶ Classroom Soccer Activities
- ▶ Team bonding activities



Open To All Players | Last Year's Camp Sold Out

ODP RESIDENTIAL SUMMER CAMP

ARIZONA SOCCER ASSOCIATION (ASA)



Check-in procedure: Tuesday, May 30

- All campers, both residential and commuter, should check in between 11 AM to 1 PM in front of Gabaldon Hall (GH). **Please bring the signed NAU Campus Health Services form with you. It is located elsewhere in this information.** Everyone will receive two ODP camp shirts and residents will receive their room assignments and room keys on a lanyard. Commuter parents must supervise their children until the camp introduction at 1:30. Be aware that there is no lunch provided on Tuesday.
- There will be a brief introduction to the ODP camp for both campers and parents at 1:30 PM on the grass area behind Gabaldon Hall.

Check-out: Friday, June 2

- Residents: At approximately 11:30 AM, residents will walk from the soccer fields to Gabaldon Hall (approximately 20 minutes) with their respective coaches. Parents may walk with their child to GH or pick them up directly from GH. Residents should be sure their rooms are clean and will receive a “ticket out the door” from a coach. Residents should bring that “ticket” to ODP staff to check out and return their room key directly to NAU personnel. Be aware that you will be charged \$50 for a lost room key!
- Commuters: Commuters will leave directly from the field after the closing ceremony. Commuters must be sure to check out with ODP staff before leaving.

Drop off and pick up spot:

- Residents: Each morning, residents will meet with ODP staff in the lobby of GH and then will walk together to the Dub dining hall for breakfast. After breakfast, residents will walk to the soccer fields.
- Commuters: Each morning, commuters should arrive directly to the lower soccer fields at 9:10 AM for the morning sessions and will stay with the group for the entire day. At 8:00 PM, after the evening session, commuters should be picked up at the lower soccer fields. **Commuters MUST check out with ODP staff before leaving the field.**

Do not forget to buy a parking permit on the app if you need one. University staff will ticket cars that do not have a permit.

Parking:

If parents would like to watch the field session, they should purchase a parking permit on the app. We will provide more information soon.



Friendly Reminders:

- Players may not walk around or leave any activity unless it is approved by their respective coach or ODP staff.
- After the ODP staff completes room check, campers are not allowed to leave their suites.

Communication:

- Paul Lester: 623-217-3235 paullester@azyouthsoccer.org Camp Director
- Chris Blundell : 623-512-8220 chrisblundell@azyouthsoccer.org Technical Director, ASA
- Leigh Coldren: 602-571-8080 leighcoldren@gmail.com Camp Coordinator

Allergies:

- When you registered your camper, you should have filled in any information that we need to supervise. Please feel free to send us any additional information if needed (paullester@azyouthsoccer.org and leighcoldren@gmail.com)

Places and Addresses:

- Soccer fields: South Campus Recreation Complex-NAU, 2475 S Huffer Ln, Flagstaff, AZ 86001
- Residence: Gabaldon Hall, 7 E Runke Dr, Flagstaff, AZ 86001
- Dining: The Dub-South dining, 308 E Pine Knoll Dr, Flagstaff, AZ 86001
- Afternoon Activities: Du Bois South Union, 306 E Pine Knoll Dr, Flagstaff, AZ 86001

Please complete this form and bring with you to check-in on Tuesday.

Student Name (Last Name, First)

Student ID#

Campus Health Services
Northern Arizona University

**PARENTAL AUTHORIZATION FOR MENTAL HEALTH AND
MEDICAL CARE FOR UNDERAGE NAU STUDENTS:**

Generally, Arizona law requires parental consent for mental health, medical and surgical treatment of minors (in Arizona, minors are individuals under 18 years of age). If your minor child will be enrolled as a student at Northern Arizona University, you are encouraged to complete the mental health and medical treatment form below. Please return the form to: **Campus Health Medical Services, P.O. Box 6033, Flagstaff, AZ 86001-6033.**

Please print or type:

AUTHORIZATION FOR MENTAL HEALTH TREATMENT

I, (name) _____ / _____, am the parent or legal guardian of (student) _____, a minor, whose date of birth is _____. I hereby authorize the Northern Arizona University Campus Health Services (Counseling and Medical Services) staff to provide mental health services to my minor student while they are a Northern Arizona University student. These services, provided under the direction of a licensed provider, may include, but are not limited to, short-term psychological counseling and consultation, video recording of individual sessions for training purposes, institutional testing, medication management, substance abuse and educational programming, and referrals to other community resources.

Parent/Legal Guardian Name: _____ Date: _____

Parent/Legal Guardian Signature: _____ Date: _____

Parent/Legal Guardian Signature: _____ Date: _____

AUTHORIZATION FOR MEDICAL TREATMENT

I, (name) _____, am the parent or legal guardian of (student) _____, a minor, whose date of birth is _____. I hereby authorize the Northern Arizona University Campus Health Services, Medical Services staff to provide medical and minor surgical treatment to my minor student while they are a Northern Arizona University student. These treatments, provided under the direction of a licensed provider, may include, but are not limited to, acute illness and injury care management. Acute illness and injury care management may necessitate drug prescriptions, laboratory and x-ray procedures, and minor surgery, such as simple laceration repair. Campus Health Services is fully accredited by the Accreditation Association for Ambulatory Health Care.

Parent/Legal Guardian Name: _____ Date: _____

Parent/Legal Guardian Signature: _____ Date: _____

Parent/Legal Guardian Signature: _____ Date: _____

If the minor's parents are divorced and have been awarded joint legal custody, both parents' signatures are required. This form may be signed in counterparts. A copy of this form shall be valid as the original.



Packing List:

Training gear:

- 4-5 training t-shirts for morning field sessions, preferably white or light colors
- 2-3 t-shirts for afternoon group activities, any color
- We will provide two training t-shirts which player should wear for evening sessions and on the last day of camp. We will sell extra shirts during check in (\$20 cash)
- Soccer ball
- Individual water jug to refill
- Soccer cleats or turf shoes for sessions and shin guards
- Pump with needle
- Shorts and socks, preferably black or dark
- Sweatshirts/warm up tops
- Sport shoes for afternoon group activities (e.g., soccer tennis)
- Sunscreen
- Under Armour (if applicable)

Remember that we will have 7 field sessions plus 2 afternoon activities so players should bring enough sport clothes. Commuters should also remember to bring extra clothes as they will spend the entire day 9:10-8:00 PM at camp.

Other items:

- Personal clothes: sweater, pajamas, underwear, shoes, sweatshirt (residents)
- Medication. Please bring a note with instructions and permission
- Personal toiletries: toothbrush, toothpaste, deodorant, shampoo (residents)
- Lip balm/Chapstick
- Bug spray
- Sunglasses
- Cellphone charger
- Cap/hat
- Book and games for down time
- Extra money (vending machines), snacks
- Backpack
- Mesh laundry bag for dirty laundry (residents)
- Linens: One blanket, two flat sheets, one pillow, one pillowcase, one towel, one washcloth (residents)
- One small fan (optional—residents)



DAILY SCHEDULE

Tuesday

11:00am to 1:00pm	Gabalton Hall	Check in
1:30pm to 2:00pm	Gabalton Hall	Opening Ceremony
2:00pm to 3:00pm	Walk to Fields	
3:00pm to 4:30pm	Training	Soccer Fields
5:00pm to 6:00pm	Dinner	The Dub
6:30pm to 8:00pm	Games	Soccer Fields
8:00pm	Commuter Check out	Soccer Fields
8:00pm to 8:20pm	Walk to Gabaldon	
9:15pm	Room Check	

Wednesday

7:30am	Meet Gabaldon Hall Lobby	
7:30am to 8:00am	Walk to Breakfast	The Dub
8:00am to 8:45am	Breakfast	The Dub
9:10am	Commuter Check in	Soccer Fields
9:30am to 11:00am	Training	Soccer Fields
11:00am to 12:15pm	Campus Tour	
12:15pm to 1:00pm	Lunch	The Dub
1:00pm to 2:30pm	Rest	Gabalton Residents
1:00pm to 2:30pm	Rest	Meeting room commuters
2:30pm to 3:00pm	Walk to Dub	Residents
3:00pm to 4:30pm	Afternoon Activity	Dub
5:00pm to 6:00pm	Dinner	Dub
6:30pm to 8:00pm	Games	Soccer Fields
8:00pm	Commuter Check out	Soccer Fields
8:00pm to 8:30pm	Walk back to Dorms	
9:15pm	Room Check	



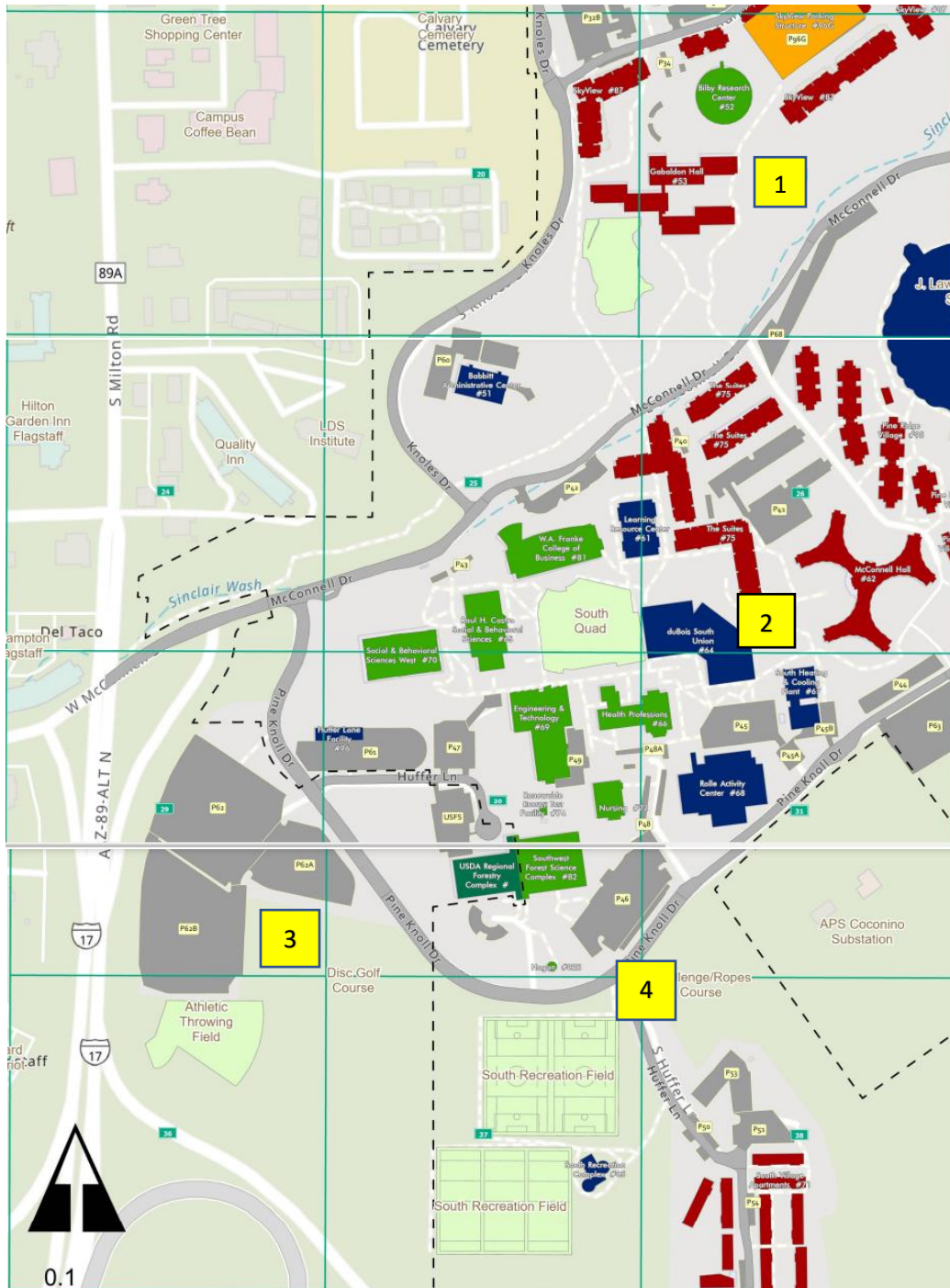
Thursday

7:30am	Meet Gabaldon Hall Lobby	
7:30am to 8:00am	Walk to Breakfast	The Dub
8:00am to 8:45am	Breakfast	The Dub
9:10am	Commuter Check in	Soccer Fields
9:30am to 11:00am	Training	Soccer Fields
11:30am to 1:00pm	Lunch	The Dub
1:00pm to 2:30pm	Rest	Gabaldon for Residents
1:00pm to 2:30pm	Rest	Meeting room commuters
2:30pm to 3:00pm	Walk to Dub	Residents
3:00pm to 4:30pm	Afternoon Activity	Dub
5:00pm to 6:00pm	Dinner	Dub
6:30pm to 8:00pm	Games	Soccer Fields
8:00pm	Commuter Check out	Soccer Fields
8:00pm to 8:30pm	Walk back to Dorms	
9:15pm	Room Check	

Friday

7:30am	Meet Gabaldon Hall Lobby	
7:30am to 8:00am	Walk to Breakfast	The Dub
8:00am to 8:45am	Breakfast	The Dub
9:10am	Commuter Check in	Soccer Fields
9:30am to 11:00am	Training	Soccer Fields
11:00am to 11:30am	Closing Ceremony	Soccer Fields
11:30am	Commuter check out	Soccer Fields
12:00pm to 1:00pm	Residents Check out	Gabaldon

Map: Gabaldon Hall, the Dub dining, Parking, Soccer fields



Key

- 1** Gabaldon Hall (residence): 7 E Runke Dr, Flagstaff, AZ 86001
- 2** Dub dining/South Quad: 308 E Pine Knoll Dr, Flagstaff, AZ 86001
- 3** Parking
- 4** South Recreation field (soccer fields), Commuter drop off spot: 2475 S Huffer Ln, Flagstaff, AZ 86001

Gabaldon Residence Hall

7 E. Runke Dr, Flagstaff, AZ 86011



Gabaldon Suite Style Room 3D/VR Walkthrough

The large yet cozy suite-style rooms make the hall warm and personable with numerous study rooms. The hall sits in a beautiful wooded area, giving it a warm, cabin-like atmosphere.

Hall Features

- Adjacent field to use as public space
- There are three wings. One wing has elevator access
- Complimentary Wi-Fi access
- Comfortable lobby with fireplace
- Community laundry facilities
- Community lounges and/or study rooms: one per floor, per wing
- Cash vending machines in the lobby
- ATM located in lobby
- Game room with pool table
- Community kitchen
- Patio with barbeque grill

NAU NORTHERN ARIZONA UNIVERSITY



Suite Features

- Rooms booked gender specific by suite
- Two guests per room
- Two rooms per suite (four people per suite)
- Two beds per room
- One bathroom and shower per suite with two sinks and a mirror
- Two desks per room
 - three drawer - each drawer measures 15" x 5" x 15"
- Two chairs per room
- Two closets per room
 - each closet measure 42" x 94" x 28"
- Two dressers per room
 - three drawer - each drawer measures 15" x 27" x 5"
- One 3.9 cubic ft. refrigerator with freezer per room
- Carpet
- No air conditioning
- Room Dimensions
 - Bedroom A: 243" x 149"
 - Bedroom B: 243" x 149"
 - Bathroom: 74" x 119"