

List of Constituent Services resources related to Coronavirus (COVID-19)

Coronavirus Rumor Control | FEMA.gov

Fema – Facts and Updates:

<https://www.fema.gov/coronavirus-rumor-control>

Additional resources:

ArizonaTogether.org

<http://arizonatogether.org/>

Arizona Senate Republicans COVID 19 Resources

[AZSenateRepCOVID19Resources](https://www.azsenate.gov/COVID19Resources)

View daily Arizona COVID-19 updates from ADHS [HERE](#).

Arizona Department of Economic Security: Coronavirus (COVID-19) Resources

<https://des.az.gov/services/coronavirus>

Arizona Department of Economic Security (DES) Unemployment Insurance Benefits

<https://des.az.gov/services/employment/unemployment-individual>

Arizona 2-1-1 Coronavirus Information and Referrals:

Assistance finding food, paying house bills/financial Resources, free childcare, other essential services.

Dial 211, or visit <https://211arizona.org/covid-19/>

Arizona DES: Community Resources:

<https://des.az.gov/services/community-resources>

Arizona Department of Health Services Updates and Recommendations

Get the latest information about Arizona's response. Have Specific Questions?

Call: 1-844-542-8201, or visit: <https://azdhs.gov/>

Governor Ducey's COVID-19 Executive Order

<https://azgovernor.gov/governor/news/2020/03/governor-ducey-announces-latest-covid-19-actions>

Childcare For COVID-19 Frontline Workers – Governor Announcement 03/24/20

More information will be forthcoming over the next few days. At this time, if you have pressing questions please email AZEnrichmentCenters@az.gov

[Arizona Enrichment Centers](#), which will offer childcare for first responders, critical healthcare workers, and essential public sector workers, including child safety workers.

Available Childcare and Daycare Options

- The Arizona Center for Afterschool Excellence is maintaining a list of [available childcare options](#) during school closures.
- Select [Boys and Girls Club](#) locations are available to current members and open to new members with priority being given to healthcare and essential employees. Space is limited based on each location's capacity. As of March 23rd, the list only includes locations in the Phoenix Metro Valley but will be expanded in the coming days.

Meals for kids:

Additional information about meals for kids, childcare, special education considerations, learning resources for families and educators and more can be found at azed.gov.

Center for Disease Control and Prevention:

- Information on testing: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/clinical-criteria.html>
- Information on Pregnancy & Breastfeeding related to Coronavirus: https://www.cdc.gov/coronavirus/2019-ncov/prepare/pregnancy-breastfeeding.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fspecific-groups%2Fpregnancy-faq.html
- Travel Guidelines: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

National Federation of Independent Businesses: Arizona News and Resources

<https://www.nfib.com/content/news/arizona/arizona-small-business-central-for-coronavirus-news-and-resources/>

U.S. Senator McSally: Business Resources including forms

<https://www.mcsally.senate.gov/small-business-resources>

U.S. Senator Sinema: Coronavirus Resources

<https://www.sinema.senate.gov/corona>

Arizona @ Work Employment Resources

<https://arizonaatwork.com/newsroom/all/arizona-employers-immediate-openings>

Arizona State University - Resources for Learning – All Ages:

<https://asuforyou.asu.edu/>

Housing Assistance:

The Arizona Department of Housing lists details of their Eviction Prevention Pilot program here:

<https://housing.az.gov/general-public/eviction-prevention-assistance>

DES Services – DES has set up a specific COVID-19 page to get people to their services.

<https://des.az.gov/services/coronavirus>

Health-e-Arizona PLUS – Online application for nutrition assistance (food stamps), Medicaid (AHCCCS) and cash assistance.

<https://www.healthearizonaplus.gov/Default/Default.aspx#>

Telephone assistance for the application - 1-855-432-7587

Arizona 211 – Arizona 211 has compiled a great list of resources in one place. Individuals can either call 2-1-1 from their phone or browse their website. I would recommend giving this out as a general guide to help and resources if a constituent doesn't have a very specific request.

<https://211arizona.org/>

Community Action Agencies – CAAs offer a wide variety of services including rental assistance and general casework. Please refer to this website to find the most applicable agency for your constituents.

<https://des.az.gov/services/basic-needs/community-action-agencies>

The Senior Help Line – The Senior Help Line should be your top resources for Arizona’s seniors and elderly. The hotline operates 24/7 and has a great library of resources to pull from.

<https://www.aaaphx.org/program-services/24-hour-senior-help-line/>

24/7 Hotline Number - 602-264-4357

Food banks – This is a directory of food banks provided through the Arizona Food Bank Network.

<http://www.azfoodbanks.org/index.php/foodbank/>

The Governor’s Office – For questions specific to what the Governor is doing or Governor’s executive orders, please refer them to the Governor’s website.

<https://azgovernor.gov/>

Vehicle Registration and Emissions Testing ADEQ:

For vehicle owners age 65 and over for renewals due in March, April or May of 2020 can apply emissions testing waiver at azdeq.gov/65waiver or by calling 620-771-3950 and pressing “0” to reach Customer Service. This will allow owners to update their vehicle registration without requiring emissions testing.

MVD, my driver’s license is expiring – While this is covered in the Governor’s section above, you may be getting this question a lot. Here is text from the MVD website:

“Driver License renewal requirements are extended six months from the expiration date for all Arizona driver licenses and driving permits that expire between March 1, 2020 and September 1, 2020.

For example, if a driver license expires on March 20, 2020, the new expiration date will be September 20, 2020.

Requirements to submit a medical clearance card for a commercial driver license are extended until September 1, 2020.”

Full text can be found here:

<https://azdot.gov/motor-vehicle-services>

Coronavirus questions about the actual illness or where to get a test – Please refer constituents to the “coronavirus hotline” where they can speak to a public health official. They may also wish to view the information on the Arizona Department of Health Services website, including how many people have tested positive for the virus.

<https://www.azdhs.gov/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/index.php#novel-coronavirus-home>

Hotline - 1-844-542-8201

Utilities and bill pay – Many utilities are offering assistance with bills including delayed shut offs for people who can’t afford to pay. The constituent will need to call each specific company and inquire about what may be available to assist them. It’s impossible to list contact information for all companies and utilities but here are the big electric companies you may need to provide resources for.

SRP - <https://www.srpnet.com/about/customer-assistance.aspx> - 602-236-8888

APS - <https://www.aps.com/en/About/Our-Company/Our-Commitment-to-Safety/COVID-19> - 602-371-7171

TEP - <https://www.tep.com/> - 520-623-7711

For individuals needing assistance to help pay their electric bill, visit <https://wildfireaz.org/find-help/energy-assistance/> or call Wildfire at (602)604-0640.

Small businesses in need of help – The Arizona Commerce Authority has set up a webpage with business specific resources.

<https://www.azcommerce.com/covid-19/>
<https://www.sba.gov/funding-programs/disaster-assistance>

Maricopa Small Business Development Center (SBDC)

<https://www.maricopa-sbdc.com/covid19/>

Eviction assistance – The Arizona Department of Housing offers limited eviction assistance in certain zip codes, please refer constituents to this website for further information.

<https://housing.az.gov/general-public/eviction-prevention-assistance>

Arizona landlord/tenant program – The landlord tenant program is provided through the City of Phoenix but is available to all Arizonans, they can help constituents understand their rights as tenants.

<https://www.phoenix.gov/nsd/programs/landlord-tenant-counseling>

Legal assistance – If constituents have legal questions, they'll still need to speak to their own lawyer. If your constituent is in Maricopa County, I would suggest the County Bar Association program first.

Maricopa County Bar Association - \$40 lawyer referral service that can help find a specific attorney for your needs

602-257-4434

<https://maricopabar.org/index.cfm?pg=LRSHome>

Community Legal Services

602-258-3434

<http://clsaz.org/>

Legal Learn

866-637-5341

<http://www.azlawhelp.org/>

Schools – The Department of Education has guidance for parents and schools on their website.

<https://www.azed.gov/communications/2020/03/10/guidance-to-schools-on-covid-19/>

Please visit your specific school district's websites for more information.

Here are the websites to a few of the Valley's largest districts:

- [Mesa School District](#)
- [Cave Creek](#)
- [Paradise Valley](#)
- [Deer Valley](#)
- [Tempe Unified School District](#)
- [Phoenix Union High School District](#)
- [Chandler Unified School District](#)
- [Gilbert Public Schools](#)
- [Peoria Unified School District](#)
- [Scottsdale Unified School District](#)

Paradise Valley United Parent Council:

<https://docs.google.com/document/d/1qLymRkuyfE37NfddJVbU-p1wsnYoqx6 APGWiPBi00s/mobilebasic>

Internet Provider Programs – Cox:

https://newsroom.cox.com/Cox_expands_coronavirus_relief_for_remote_workers_and_students? ga=2.146815479.1752328732.1584990032-569586812.1584990032

AT&T:

[Download our consumer response one-pager.](#)

Verizon:

<https://www.verizon.com/about/news/update-verizon-serve-customers-covid-19>

What is the federal government doing? – Any questions related to the federal government and any aid they may approve should be directed to the constituent’s Congressional members. Please note that until a bill passes at the federal level, agencies don’t know how it’ll affect benefits including social security, Medicaid and food stamps.

How to find your US Representatives: - <https://www.house.gov/representatives/find-your-representative>

Senator McSally - <https://www.mcsally.senate.gov/>

Senator Sinema - <https://www.sinema.senate.gov/>

Miscellaneous resources:

<https://www.abc15.com/entertainment/events/list-resources-for-arizona-parents-and-families-amid-school-closures>

[World Health Organization](#)

[CDC](#)

[Arizona Department of Health Services](#)

[Governor Ducey Updates](#)

[City of Phoenix Updates](#)

[Arizona Department of Education Updates](#)

Essential Resources

[Programs for Affordable Internet Services](#) - A resource that lists all programs currently available.

[Cox Internet](#) - offering free internet through Connect2Compete for one month

[Unemployment Benefits during Covid-19](#)

[PV Emergency Food Bank](#)

[Meals for Students](#) During School Closure starting March 23 - offered at 11 sites throughout

[Boys & Girls Club Child care for Impacted Families](#)

Free Academic Guides

[ADE Online Learning and Enrichment Resources](#)

[Khan Academy Resources and Schedule for Pre-K-12th Grade](#)

[Online Educational Resources](#)

[ASU for You:](#) ASU for You is an approach to education that supports Universal Learners® with resources from a national research university.

[Scholastic Learn at Home](#)

[Free Audio Books](#)

[Audible Stories](#)

[Phoenix Public Library ebooks](#)

[Scottsdale Public Library downloadables](#)

[Recommendations from Common Sense Media](#)

[Printable Worksheets](#)

[Facebook Group - Quarantine Learning Corner](#)

[Additional online links](#)

[Coding](#)

[Engineering Activities](#)

Specialized Educational Resources

[Gifted and Talented Enrichment Support Materials](#)

[Occupational Therapy Activities For Home](#) (Pdf Calendar)

Activities for Families

[Ideas to keep busy while social distancing](#)

[Virtual Museum Tours](#)

[Virtual Field Trips](#)

[Daily Art Lessons](#)

[Home Safari with the Cincinnati Zoo](#)

[Educational Shows on Netflix](#)

[Lego Activity](#)

[Planning Playtime - Learning Through Play](#)

[Milwaukee County Zoo- Livestream of Animals](#)

[Music Education Games](#)

[Learning Toolbox-Make sense of timely topics and find general science support at home](#)

[Disney- 'Imagineering In A Box'](#)

[Mothercould- Home Sensory & Craft Activities](#)

[Children's Authors Doing Online Read Alouds & Activities](#)

[Guide to Record and Stream Read Alouds](#)

Food Access and Food Prep Resources

[USDA National Hunger Hotline](#)

[WIC](#) (Special Supplemental Nutrition Program for Women, Infants and Children)

[SNAP](#) (Supplemental Nutrition Assistance Program)

[Feeding Littles Non-perishable and Freezable Foods Ideas](#)

[Yummy Toddler Food](#) - "Feed Your Family During a Crisis"

[Real Simple](#) - "Best Foods to Stockpile for an Emergency"

[Four Ingredients or Less Muffins](#)

[Guide to Cooking Beans](#)

[Pinch of Yum](#) - a balanced look on prepping for social distancing and what to make with it

Mental Health and Self Care

[CDC](#) - "Manage Anxiety and Stress"

[Johns Hopkins](#) - "Stressed about COVID-19? Here's What Can Help"

[Phoenix Area Mental Health Hotlines/Services](#)

[CNBC](#) - "When it's all too much, here's how to quell coronavirus anxiety, according to the experts"

[Ebook: How to Talk to Kids about COVID19 \(English\)](#)

[Libros Electrónico: Cómo Hablar a Los Niños acerca de COVID19 \(Español\)](#)

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