



**ASA Youth Medical Play Down Policy  
(Disabled or Physically Challenged Child)**

A parent of a child who is considering participating in Arizona Youth Soccer Association playing recreational soccer (tier 3 or 4) may request a medical play down exception to allow the player to play down in age one year if the following criteria are met:

The child's physician will submit a letter with the following information:

- Brief explanation of the child's medical condition
- How specifically will the player benefit from playing with children one year younger?
- Does the player pose a danger to children younger than the player during physical activity?

Arizona Youth Soccer Association adheres to the US Youth Soccer Registration Policy.

A medical play down exception once approved is only in affect for the seasonal year and expires at the end of the regular season.

The parent shall submit:

- Physician Statement
- Completed Play Down Form and Signed Hold Harmless Agreement
- Medical Release
- Copy of the state issued birth certificate

Please email or mail to the following: (Subject Line Should Read "Medical Play Down Request")

ASA  
2320 W Peoria Ave C123  
Phoenix, AZ 85029

Email: [DoloresAbernathy@azyouthsoccer.org](mailto:DoloresAbernathy@azyouthsoccer.org)

Once received at the State Association Office, you will be contacted by phone for an interview within 7 to 10 business days following a review of the packet.