

ODP RESIDENTIAL SUMMER CAMP

ARIZONA SOCCER ASSOCIATION (ASA)



Packing List:

Training gear:

- 4-5 training t-shirts for morning field sessions, preferably white or light colors
- 2-3 t-shirts for afternoon group activities, any color
- We will provide two training t-shirts which player should wear for evening sessions and on the last day of camp. If you ordered extra shirts at the time of registration, we will provide them at this time. We will sell any available extras for \$20 cash at check-in
- Soccer ball
- Individual water jug to refill
- Soccer cleats or turf shoes for sessions and shin guards
- Pump with needle
- Shorts and socks, preferably black or dark
- Sweatshirts/warm up tops
- Sport shoes for afternoon group activities (e.g., soccer tennis)
- Sunscreen
- Under Armour (if applicable)

Remember that we will have 7 field sessions plus 2 afternoon activities so players should bring enough sport clothes. Commuters should also remember to bring extra clothes as they will spend the entire day 9:10-8:00 PM at camp.

Other items:

- Personal clothes: sweater, pajamas, underwear, shoes, sweatshirt (residents)
- Medication. Please bring a note with instructions and permission
- Personal toiletries: toothbrush, toothpaste, deodorant, shampoo (residents)
- Lip balm/Chapstick
- Bug spray
- Sunglasses
- Cellphone charger
- Cap/hat
- Book and games for down time
- Extra money (vending machines), snacks
- Backpack
- Mesh laundry bag for dirty laundry (residents)
- Linens: One blanket, two flat sheets, one pillow, one pillowcase, one towel, one washcloth (residents)
- One small fan (optional—residents)



Friendly Reminders:

- Players may not walk around or leave any activity unless it is approved by their respective coach or ODP staff.
- After the ODP staff completes room check, campers are not allowed to leave their suites.

Communication:

• Paul Lester: 623-217-3235 paullester@azyouthsoccer.org Camp Director

• Chris Blundell: 623-512-8220 chrisblundell@azyouthsoccer.org Technical Director, ASA

• Leigh Coldren: 602-571-8080 leighcoldren@gmail.com Camp Coordinator

Allergies:

 When you registered your camper, you should have filled in any information that we need to be aware of. Please feel free to send us any additional information if needed (<u>paullester@azyouthsoccer.org</u> and <u>leighcoldren@gmail.com</u>)

Places and Addresses:

- Soccer fields: South Campus Recreation Complex-NAU, 2475 S Huffer Ln, Flagstaff, AZ 86001
- Residence: Gabaldon Hall, 7 E Runke Dr, Flagstaff, AZ 86001
- Dining: The Dub-South dining, 308 E Pine Knoll Dr, Flagstaff, AZ 86001
- Afternoon Activities: Du Bois South Union, 306 E Pine Knoll Dr, Flagstaff, AZ 86001



Check-in procedure: Tuesday, May 28

- All campers, both residential and commuter, should check in between 11 AM to 1 PM in front of Gabaldon Hall (GH). Everyone will receive two ODP camp shirts as well as any extra ones that you may have ordered at registration. Residents will receive their room assignments and room keys on a lanyard. Commuter parents must supervise their children until the camp introduction at 1:30. Be aware that there is no lunch provided on Tuesday.
- There will be a brief introduction to the ODP camp for both campers and parents at 1:30 PM on the grass area behind Gabaldon Hall.

Check-out: Friday, May 31

- Residents: At approximately 11:30 AM, residents will walk from the soccer fields to Gabaldon Hall (approximately 20 minutes) with their respective coaches. Parents may walk with their child to GH or pick them up directly from GH. Residents should be sure their rooms are clean and will receive a "ticket out the door" from a coach. Residents should bring that "ticket" to ODP staff to check out and return their room key directly to NAU personnel. Be aware that you will be charged \$50 for a lost room key!
- Commuters: Commuters will leave directly from the field after the closing ceremony. Commuters must be sure to check out with ODP staff before leaving.

Drop off and pick up spot:

- Residents: Each morning, residents will meet with ODP staff in the lobby of GH and then will walk together to the Dub dining hall for breakfast. After breakfast, residents will walk to the soccer fields.
- Commuters: Each morning, commuters should arrive directly to the lower soccer fields at 9:10 AM for the morning sessions and will stay with the group for the entire day.
 After the evening session, commuters should be picked up at the lower soccer fields.
 Commuters MUST check out with ODP staff before leaving the field.

Parking:

• Do not forget to buy a parking permit on the app if you need one. University staff will ticket cars that do not have a permit! If you would like to watch the field session(s), be sure to purchase a parking permit. Instructions are on the following page.



Step by Step Parking Instructions for guests

Can be done prior to arrival:

- 1. Download ParkMobile App from the App Store or Google Play on your mobile device.
- 2. Create an account under settings.
 - a. Email
 - b. Password
 - c. License plate number
 - d. State of license plate
 - e. Nickname (optional)
 - f. Add payment type Apple Pay, Credit/Debit Card, or PayPal

Once on NAU Campus

- 1. Open ParkMobile App
- 2. Enter zone #4697 at the top. This is a hidden zone so it will not appear on the map, but it works for all residential lot zones, P7a, P13, P46, P62, & P66. Tap "park" on the top right.
- 3. Select the duration of time you want to park (30 minutes to 6 hours)
- 4. Proceed to check out
- 5. Confirm your information, select your payment method, and start your parking session
- 6. Monitor your session and extend time remotely if needed

Important Information

You are able to pay for parking in 30 minute intervals
A parking permit is required to park on campus for any duration
NAU monitors parking lots seven days a week
Vehicles must have their license plate facing the aisle. Be sure not to back into a parking space.
Not sure which vehicle you will drive? No problem! You can add up to 5 vehicles to your account.
Customize notification settings to alert you when time is session starts, time is running out, and session
ends.

Secondary Option

- 1. A parking kiosk is located at the Skydome parking lot near the big lumberjack
 - o Follow the prompts to pay for parking at lot P62 (the nearest available lot to the fields)
- 2. There is one "free 15 minute" space in lot P46 on the left when you enter the parking lot

Perks of Using ParkMobile Easily register and start your first session Use the app in thousands of locations nationwide View suggested nearby parking zones Customize your parking expiration reminders Extend your parking session on-the-go Add up to 5 vehicles to your account

Daily Schedule

Tuesday

Check in 11:00am to 1:00pm Gabaldon Hall

1:30pm to 2:00pm Gabaldon Hall **Opening Ceremony**

Walk to Fields 2:00pm to 3:00pm

Soccer Fields 3:00pm to 4:30pm **Training**

5:00pm to 6:00pm Dinner The Dub

Soccer Fields 6:30pm to 8:00pm Games

8:00pm Commuter Check out Soccer Fields

walk to Gabaldon 8:00pm to 8:20pm

Room Check 9:15pm

Wednesday

12:15pm to 1:00pm

7:30am

Meet Gabaldon Hall Lobby 7:30am to 8:00am Walk to Breakfast The Dub

8:00am to 8:45am Breakfast The Dub

Commuter Check in Soccer Fields 9:10am

9:30am to 11:00am Training Soccer Fields

11:00am to 12:15pm **Campus Tour** Lunch

1:00pm to 2:30pm Rest **Gabaldon Residents**

Meeting room commuters 1:00pm to 2:30pm Rest

The Dub

2:30pm to 3:00pm Walk to Dub Residents

3:00pm to 4:30pm Afternoon Activity Dub

5:00pm to 6:00pm Dinner Dub

6:30pm to 8:00pm Games Soccer Fields

Commuter Check out Soccer Fields 8:00pm

8:00pm to 8:30pm Walk back to Dorms

9:15pm Room Check **Thursday**

7:30pm Meet Gabaldon Hall Lobby

7:30am to 8:00am Walk to Breakfast The Dub 8:00am to 8:45am Breakfast The Dub

9:10am Commuter Check in Soccer Fields

9:30am to 11:00am Training Soccer Fields

11:30am to 1:00pm Lunch The Dub

1:00pm to 2:30pm Rest Gabaldon for Residents

1:00pm to 2:30pm Rest Meeting room commuters

2:30pm to 3:00pm Walk to Dub Residents

3:00pm to 4:30pm Afternoon Activity Dub

5:00pm to 6:00pm Dinner Dub

6:30pm to 8:00pm Games Soccer Fields

8:00pm Commuter Check out Soccer Fields

8:00pm to 8:30pm Walk back to Dorms

9:15pm Room Check

Friday

7:30pm Meet Gabaldon Hall Lobby

7:30am to 8:00am Walk to Breakfast The Dub

8:00am to 8:45am Breakfast The Dub

9:10am Commuter Check in Soccer Fields

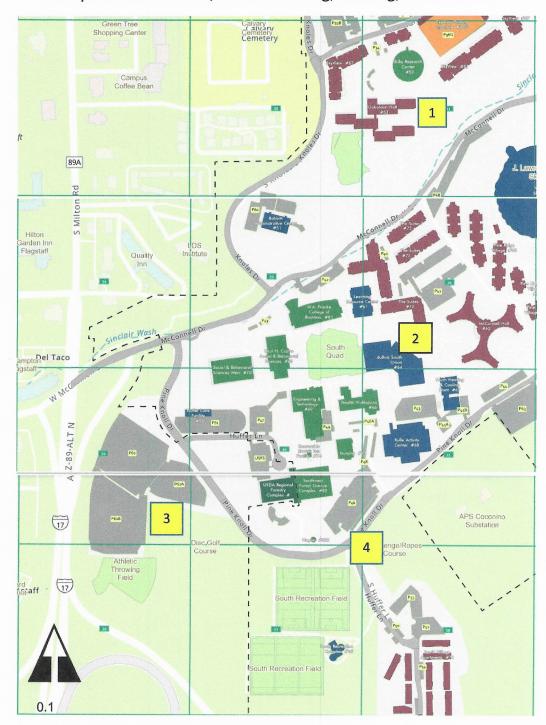
9:30am to 11:00am Training Soccer Fields

11:00am to 11:20am Closing Ceremony Soccer Fields

11:20am Commuter check out Soccer Fields

11:30am to 1:00pm Residents Check out Gabaldon

Map: Gabaldon Hall, the Dub dining, Parking, Soccer fields



Key

- 1 Gabaldon Hall (residence): 7 E Runke Dr, Flagstaff, AZ 86001
- 2 Dub dining/South Quad: 308 E Pine Knoll Dr, Flagstaff, AZ 86001
- 3 Parking
- South Recreation field (soccer fields), Commuter drop off spot: 2475 S Huffer Ln, Flagstaff, AZ 86001

Gabaldon Residence Hall

7 E. Runke Dr, Flagstaff, AZ 86011



Gabaldon Suite Style Room 3D/VR Walkthrough

The large yet cozy suite-style rooms make the hall warm and personable with numerous study rooms.

The hall sits in a beautiful wooded area, giving it a warm, cabin-like atmosphere.

Hall Features

- · Adjacent field to use as public space
- · There are three wings. One wing has elevator access
- · Complimentary Wi-Fi access
- · Comfortable lobby with fireplace
- · Community laundry facilities
- · Community lounges and/or study rooms: one per floor, per wing
- · Cash vending machines in the lobby
- · ATM located in lobby
- · Game room with pool table
- · Community kitchen
- · Patio with barbeque grill

NAU NORTHERN ARIZONA UNIVERSITY





Suite Features

- · Rooms booked gender specific by suite
- · Two guests per room
- · Two rooms per suite (four people per suite)
- · Two beds per room
- · One bathroom and shower per suite with two sinks and a mirror
- · Two desks per room
 - o three drawer each drawer measures 15" x 5" x 15"
- Two chairs per room
- Two closets per room
 - each closet measure 42" x 94" x 28"
- · Two dressers per room
 - o three drawer each drawer measures 15" x 27" x 5"
- · One 3.9 cubic ft. refrigerator with freezer per room
- Carpet
- · No air conditioning
- Room Dimensions
 - Bedroom A: 243" x 149"
 - Bedroom B: 243" x 149"
 - Bathroom: 74" x 119"