



Birth Year and Season Matrix -

When determining the age group for a season, the year the season ends should be used for determining the birth year. Also note that the format "U followed by age" really means that age and younger. Here is the US Soccer roster [formation tool](#).

Birth Year	2026/27 Seasonal Year Age Chart (Team Age Banding)											
	January	February	March	April	May	June	July	August	September	October	November	December
2007	N/A	N/A	N/A	N/A	N/A	N/A	N/A	U19	U19	U19	U19	U19
2008	U19	U19	U19	U19	U19	U19	U19	U18	U18	U18	U18	U18
2009	U18	U18	U18	U18	U18	U18	U18	U17	U17	U17	U17	U17
2010	U17	U17	U17	U17	U17	U17	U17	U16	U16	U16	U16	U16
2011	U16	U16	U16	U16	U16	U16	U16	U15	U15	U15	U15	U15
2012	U15	U15	U15	U15	U15	U15	U15	U14	U14	U14	U14	U14
2013	U14	U14	U14	U14	U14	U14	U14	U13	U13	U13	U13	U13
2014	U13	U13	U13	U13	U13	U13	U13	U12	U12	U12	U12	U12
2015	U12	U12	U12	U12	U12	U12	U12	U11	U11	U11	U11	U11
2016	U11	U11	U11	U11	U11	U11	U11	U10	U10	U10	U10	U10
2017	U10	U10	U10	U10	U10	U10	U10	U9	U9	U9	U9	U9
2018	U9	U9	U9	U9	U9	U9	U9	U8	U8	U8	U8	U8
2019	U8	U8	U8	U8	U8	U8	U8	U7	U7	U7	U7	U7
2020	U7	U7	U7	U7	U7	U7	U7	U6	U6	U6	U6	U6
2021	U6	U6	U6	U6	U6	U6	U6	U5	U5	U5	U5	U5
2022	U5	U5	U5	U5	U5	U5	U5	U4	U4	U4	U4	U4
2023	U4	U4	U4	U4	U4	U4	U4	U3	U3	U3	U3	U3

Rec Banding	U6 = U6 and U5	8/1/2020-7/31/2022
	U8 = U8 and U7	8/1/2018-7/31/2020
	U10 = U10 and U9	8/1/2016-7/31/2018
	U12 = U12 and U11	8/1/2014-7/31/2016
	U14 = U14 and U13	8/1/2012-7/31/2014
	HS = U15 U16 U17 U18 U19	8/1/2007-7/31/2012

HS High School